### Honors Learning Experience 1
- HON section of any major course
- Honors contract in any major course
- Honors Research Assistance Experience in the major (HON 3002)
- Honors Teaching Assistance Experience in the major (HON 3203)

[select or deselect desired learning experiences from those listed on the left and place your choices here]

[Do you want to offer an alternative track? For example, a research track vs a teacher training track...if so, please indicate alternative track to HON in Major here]

### Honors Learning Experience 2 (either in or out of the major)
- HON Directed study (HON 4400) in major
- Honors contract in any upper division major course
- HON section of any major course or interdisciplinary seminar
- Honors Research Assistance Experience in the major (HON 3002)
- Honors Teaching Assistance Experience in the major (HON 3203)
- Honors Discovery
- Honors Internship with Honors Learning Contract
- Honors International or Domestic Travel

[suggest allowing any of the options that are available to the student]

### Honors Learning Experience 3
- HON Directed study (HON 4400) in major
- Honors contract in any major course
- HON prefix in any major course (lower or upper division)
- Honors Research Assistance Experience in the major (HON 3002)
- Honors Teaching Assistance Experience in the major (HON 3203)

[select or deselect desired learning experiences from those listed on the left and place your choices here]
### Honors Capstone Experience

| HON 4497 (Honors Senior Capstone Proposal course) (May take for 1 credit hour) and HON 4499 (May take for 0 credit hours). The capstone could take the form of something such as:  
*4497 and 4499 are taken two different semesters  
This can include culminating projects such as:  
- An internship or other applied-learning experience with a product that can be archived electronically  
- An Honors research in major project with departmentally determined outcome  
- An applied creative project with presentation at local or regional conference or other professional venue  
- Other departmentally determined capstone | [select or deselect desired learning experiences from those listed on the left and place your choices here] |

***Honors Learning Experiences 1, 2, and 3 can be completed in any order. Only 2 of the 3 required HLEs and the capstone sequence need to be completed within the major. One HLE can be completed outside of the major.***